

Bakery

Check the counter or speak to your waiter
for today's other baked goods

JOEL'S MONTREAL BAGELS

Boiled & baked fresh at the back of the café.
Available plain or toasted.

Cream cheese	30
Franschoek smoked salmon trout and cream cheese	75
Beef brisket with pickles and mustard	85
Plain	10

BAKED GOODS

Pasteis De Nata	25
Plain butter croissant	22
Almond croissant	36
Montreal chocolate danish	28
Cinnamon roll	26
Cranberry Cookie	22

GLUTEN—FREE BAKED GOODS

Vegan peanut butter cookie	24
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BREAD SELECTION

Baked at Origin HQ in De Waterkant daily,
using stone-ground flour and our own natural
leavens in the sourdoughs.

Ask us about today's selection of breads.

We strive to use fresh, seasonal, locally-
sourced ingredients to support ethical
farmers and local artisans.

- Free range chicken & grass-fed, free range
beef
- Usana's pasture-raised eggs
- Artisan cheeses and farm butter
- Premium stone-ground flour from Eureka
Mills
- Our breads, sourdoughs, bagels, tarts and
cakes are baked fresh at Origin

HEALTH BREAKFAST

Home-made muesli, Greek-style yogurt, fresh
seasonal fruit and pure Cape honey 70

VEGAN HEALTH BREAKFAST

Chia seeds soaked in coconut milk and
Québec Maple syrup with toasted coconut
flakes and fresh seasonal fruit 65

EGGS & TOAST

Two pasture-reared Usana eggs how you like
them with your choice of hot sauce (green
apple & jalapeño or habanero & pineapple)
served with your choice of bread 50

with croissant + 15

PLAIN OR FILLED OMELETTE + extras

Three pasture-reared Usana eggs served
with your choice of bread 50

with croissant + 15

AVO SMASH

Smashed avocado with sun-dried tomatoes,
chilli-marinated feta, red onion confit and
kale chips on sourdough toast 70

EGGS BENEDICT

Two poached pasture-reared Usana eggs
with homemade hollandaise, served on our
home-baked English muffins

with bacon 95

with salmon 115

TOPPING & SIDES

Fresh red onion	6
Rocket	12
Fresh or seared cherry tomatoes	12
Sautéed spinach	15
White Cheddar	18
Avocado	20
Homemade hollandaise	22
Bacon	24
Grilled chicken breast	35
Roasted mixed mushrooms	35
Smoked Franschoek salmon trout	45

All-day menu

AVO, CHEESE & ONION RING BURGER

130g burger with shredded lettuce,
caramelized onions, avocado, deep-fried
onions rings, garlic dill mayo and melted
fontina cheese. Served with a side of wedges 115

SHORT RIB CROQUE-MONSIEUR

Slow-braised and pulled beef short ribs and
mature cheddar on sourdough, finished with
a creamy mustard bechamel and melted
parmesan 85

CHICKEN MAYO SANDWICH

Roasted chicken breast tossed in cucumber,
coriander and lime mayo with fresh baby
spinach and melted white cheddar on
sourdough 65

GRILLED CHEESE

Toasted sourdough filled with white cheddar,
matured fontina, wilted rocket, cherry tomato
and basil pesto 60

GARDEN SALAD

Baby gems, tender stem and fine beans
topped with a poached egg, toasted almonds
and a yogurt dressing 65

with bacon + 24

with salmon + 45