

Bakery

Check the counter or speak to your waiter
for today's other baked goods

JOEL'S MONTREAL BAGELS

Boiled & baked fresh at the back of the café.
Available plain or toasted.

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| Cream cheese | 27 |
| Franschoek smoked salmon trout and cream cheese | 75 |
| Beef brisket with pickles and mustard | 58 |
| Plain | 8 |

BAKED GOODS

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|------------------------|----|
| Pasteis De Nata | 25 |
| Plain butter croissant | 22 |
| Almond croissant | 32 |
| Pain au chocolat | 26 |
| Cinnamon roll | 20 |

GLUTEN-FREE BAKED GOODS

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|----------------------------|----|
| Vegan peanut butter cookie | 24 |
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BREAD SELECTION

Baked at Origin HQ in De Waterkant daily,
using stone-ground flour and our own natural
leavens in the sourdoughs.

Ask us about today's selection of breads.

We strive to use fresh, seasonal, locally-
sourced ingredients to support ethical
farmers and local artisans.

- Free range chicken & grass-fed, free range
beef
- Usana's pasture-raised eggs
- Artisan cheeses and farm butter
- Premium stone-ground flour from Eureka
Mills
- Our breads, sourdoughs, bagels, tarts and
cakes are baked fresh at Origin

HEALTH BREAKFAST

Thick, Greek-style, double cream yogurt
topped with Cape honey, fresh seasonal fruit
salad and home-made muesli 75

PLAIN OR FILLED OMELETTE + extras

Three pasture-reared Usana eggs served
with your choice of bread 45

with croissant + 15

MEXICAN BREAKFAST BURRITO

Filled with Mexican chorizo mince, scrambled
eggs, fontina cheese and red beans. Served
with fresh pico de gallo salsa, guacamole and
sour cream 95

AVO, CHEESE & ONION RING BURGER

130g burger with shredded lettuce,
caramelized onions, avocado, deep-fried
onions rings, garlic dill mayo and melted
fontina cheese. Served with a side of wedges
90

BUTTERNUT SOUP

Vegan-friendly, with coconut cream and
coriander & ginger oil. served with freshly
baked flatbread 45

SPLICED LAMB & LENTIL SOUP

Served with freshly baked flatbread 70

TOPPINGS & SIDES

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|---------------------------------|----|
| Fresh red onion | 6 |
| Rocket | 12 |
| Fresh or seared cherry tomatoes | 12 |
| Sautéed spinach | 15 |
| White Cheddar | 18 |
| Avocado | 20 |
| Homemade hollandaise | 22 |
| Bacon | 24 |
| Grilled chicken breast | 35 |
| Roasted mixed mushrooms | 35 |
| Smoked Franschoek salmon trout | 45 |

All-day menu

EGGS BENEDICT

Two poached pasture-reared Usana eggs
with homemade hollandaise, served on our
home-baked English muffins

with bacon 85

with salmon 105

EGGS & TOAST

Two pasture-reared Usana eggs how you like
them with your choice of hot sauce (green
apple & jalapeño or habanero & pineapple)
served with your choice of bread 45

AVO SMASH

Smashed avocado with sun-dried tomatoes,
chilli-marinated feta, red onion confit and
kale chips on sourdough toast 55

CHICKEN MAYO SANDWICH

Roasted chicken breast tossed in cucumber,
coriander and lime mayo with fresh baby
spinach and melted white cheddar on
sourdough 50

CHEESE AND TOMATO SANDWICH

50

SHORT RIB CROQUE-MONSIEUR

Slow-braised and pulled beef short ribs and
mature cheddar on sourdough, finished with
a creamy mustard bechamel and melted
parmesan 80