

Bakery

Check the counter or speak to your waiter
for today's other baked goods

JOEL'S MONTREAL BAGELS

Boiled & baked fresh at the back of the café.
Available plain or toasted.

Cream cheese	27
Franschoek smoked salmon trout and cream cheese	75
Beef brisket with pickles and mustard	58
Plain	8

BAKED GOODS

Pasteis De Nata	25
Plain butter croissant	22
Almond croissant	32
Pain au chocolat	26
Cinnamon roll	20

GLUTEN-FREE BAKED GOODS

Vegan peanut butter cookie	24
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BREAD SELECTION

Baked at Origin HQ in De Waterkant daily,
using stone-ground flour and our own natural
leavens in the sourdoughs.

Ask us about today's selection of breads.

We strive to use fresh, seasonal, locally-
sourced ingredients to support ethical
farmers and local artisans.

- Free range chicken & grass-fed, free range
beef
- Usana's pasture-raised eggs
- Artisan cheeses and farm butter
- Premium stone-ground flour from Eureka
Mills
- Our breads, sourdoughs, bagels, tarts and
cakes are baked fresh at Origin

HEALTH BREAKFAST

Thick, Greek-style, double cream yogurt
topped with Cape honey, fresh seasonal fruit
salad and home-made muesli 75

PLAIN OR FILLED OMELETTE + extras
Three pasture-reared Usana eggs served
with your choice of bread 45

with croissant + 15

AVO, CHEESE & ONION RING BURGER

130g burger with shredded lettuce,
caramelized onions, avocado, deep-fried
onions rings, garlic dill mayo and melted
fontina cheese. Served with a side of wedges
90

MEDITERRANEAN ARTICHOKE SALAD

Marinated artichoke hearts with courgettes
and red peppers topped with sun dried
tomatoes and caramelized walnuts in a light
Mediterranean dressing 55

grilled chicken breast +35

TOPPINGS & SIDES

Fresh red onion	6
Rocket	12
Fresh or seared cherry tomatoes	12
Sautéed spinach	15
White Cheddar	18
Avocado	20
Homemade hollandaise	22
Bacon	24
Grilled chicken breast	35
Roasted mixed mushrooms	35
Smoked Franschoek salmon trout	45

All-day menu

EGGS BENEDICT

Two poached pasture-reared Usana eggs
with homemade hollandaise, served on our
home-baked English muffins

with bacon 85

with salmon 105

EGGS & TOAST

Two pasture-reared Usana eggs how you like
them with your choice of hot sauce (green
apple & jalapeño or habanero & pineapple)
served with your choice of bread 45

AVO SMASH

Smashed avocado with sun-dried tomatoes,
chilli-marinated feta, red onion confit and
kale chips on sourdough toast 55

CHICKEN MAYO SANDWICH

Roasted chicken breast tossed in cucumber,
coriander and lime mayo with fresh baby
spinach and melted white cheddar on
sourdough 50

HARISSA CHICKPEA SALAD

Chickpeas with chopped tomatoes and baby
spinach in a coriander, olive oil and ginger
dressing 50

grilled chicken breast +35